

Attention

- Pay attention to words and actions
- What is the child telling you about their gender?



Affirmation

- Allow space for gender expression
- Give children permission to be themselves
- Show respect for gender by using correct names and pronouns

Support

- Support children to live in their authentic genders
- Support families so they can support their children
- Create safer spaces in your organization and community

Referrals

- Provide referrals for gender-affirming supports



Listening

- Listen to parents' experiences and beliefs without judgement
- Listen to the goals they have for their children
- Listen to the fears they have about the future

Encouragement

- Encourage parents to understand how affirming their child's gender can support their goals and protect against their fears
- Share that research shows children are healthier when their parents and caregivers are supportive
- Provide space to process feelings while supporting their children

Information

- Provide accurate information and resources
- Map out possible futures and what services are available



Referrals

- Offer to connect families with peer support groups, culturally relevant supports, and affirming faith communities
- Provide referrals for gender-affirming supports